

Run Your Heart Out

Results by Category: RYHO

Date: 23 Feb 2020

Pos	No	Name		Time
Male : U20				
1	1360	Caleb Stephenson	Cleethorpes & District AC	00:33:22
2	1751	Lewis Budgen		00:35:16
3	481	Dan Eastwood	Pocklington Runners	00:37:14
Female : U20				
1	1355	Lauren Staves	Gainsborough & Morton Striders	00:44:36
2	480	Abbie Eastwood	Pocklington Runners	00:46:51
3	1568	Millie Whittaker	Scunthorpe & District AC	00:48:37
Male : Senior				
1	1248	Mohammed Saleh	City of Sheffield & Dearne AC	00:32:23
2	1388	Gareth Cooke	Penistone Footpath Runners & Athletic Club	00:33:21
3	1303	Jordan Skelly	Gainsborough & Morton Striders	00:33:23
Female : Senior				
1	1509	Katie Ball	Balls Out	00:39:59
2	411	Laura Dalton		00:40:59
3	1783	Gemma Kirton		00:41:22
Male : Veteran 35				
1	633	Michael Hargreaves	East Hull Harriers & AC	00:33:17
2	1220	David Robinson	Scunthorpe & District AC	00:33:22
3	1407	Dan Tate	Selby Striders	00:34:28
Female : Veteran 35				
1	2025	Sarah Tolkin	Rothwell Harriers & AC	00:42:58
2	1542	Rowan Booth	Caistor Running Club	00:43:04
3	1120	Abigail Pearson	Scunthorpe & District AC	00:46:24
Male : Veteran 40				
1	629	Chris Griffiths	Rotherham Harriers and AC	00:35:43
2	810	Martin James	Doncaster AC	00:37:05
3	534	David Fletcher	Barracuda Triathlon Club	00:37:07
Female : Veteran 40				
1	813	Rose James	Doncaster AC	00:44:30
2	482	Ellie Eastwood	Pocklington Runners	00:47:21
3	2046	Teresa Bruce		00:48:54
Male : Veteran 45				
1	605	Gareth Lowe	Clowne Road Runners Club	00:32:54
2	973	Steven Marshall		00:35:35
3	75	Peter Badger	Doncaster AC	00:36:13

Pos	No	Name		Time
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Female : Veteran 45

1	1196	Deborah Richards	Sheffield RC	00:43:15
2	1399	Rachel Portlock	Wolds Veteran RC	00:43:41
3	920	Joanne Campbell		00:46:40

Male : Veteran 50

1	395	Simon Griffin	OffThatCouchFitness	00:37:26
2	1800	Martin Waite	Witham Runners (Lincolnshire)	00:37:48
3	1727	John Siddens	Sleaford Striders AC	00:38:36

Female : Veteran 50

1	89	Mandy Baker	Parkrun	00:44:17
2	890	Florence Lambert		00:45:50
3	1316	Helen Smith	Scunthorpe & District AC	00:46:46

Male : Veteran 55

1	1627	Simon Wright	Doncaster AC	00:37:02
2	132	Ian Bielby		00:42:12
3	1494	Kevin Wallis	Louth AC	00:43:01

Female : Veteran 55

1	521	Fay Fenwick		00:49:40
2	705	Anne Hegarty	Totley AC	00:50:00
3	6	Caron Adamson		00:51:47

Male : Veteran 60

1	975	Steven Lowndes		00:39:15
2	544	Ged Forster		00:43:34
3	1799	Tom Wood	Scunthorpe & District AC	00:44:48

Female : Veteran 60

1	512	Bev Evison	Wolds Veteran RC	00:49:29
2	1439	Linda Tichopad	East Hull Harriers & AC	00:50:25
3	238	Suzanne Burley	Cleethorpes & District AC	00:54:32

Male : Veteran 65

1	1953	Kevin Allen	Scunthorpe & District AC	00:49:30
2	97	David Bancroft	Caistor Running Club	00:49:33
3	1507	Melvin Ward	Lincoln Wellington AC	00:50:58

Female : Veteran 65

1	721	Lynne Higgins	Wolds Veteran RC	00:42:44
2	1582	Judith Williams	Scunthorpe & District AC	00:59:37
3	451	Linda Dodsworth	Caistor Running Club	01:00:58

Male : Veteran 70

1	757	Keith Horn	Withernsea Harriers	00:55:50
2	1080	Barry Norton	Skegness & District Running Club	01:14:47
3	1589	Keith Willis	Scunthorpe & District AC	01:18:08

Pos	No	Name		Time
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Female : Veteran 70

1	414	Patricia Danby		01:06:57
2	1083	Janet Norton	Skegness & District Running Club	01:14:46
3	71	Rosemary Moore	Vegan Runners UK	01:14:57

Male : Veteran 75

1	1527	Brian Watts	Askern & District RC	00:53:22
2	994	Michael Mcinerney Snr	Scunthorpe & District AC	01:03:30
3	109	Neil Barrowcliff	Scunthorpe & District AC	01:28:28

Male : Veteran 85

1	86	Bob Thomson	Haltemprice RRC	01:29:01
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Female : UNK

1	1017	Karen Dobbs		00:58:49
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Male : Top3

1	1354	Richard Start	North Derbyshire RC	00:31:25
2	1225	Shane Robinson	Lincoln Wellington AC	00:31:47
3	1377	Tom Straw	Lincoln Wellington AC	00:32:18

Female : Top3

1	118	Gemma Steel	Charnwood AC	00:36:29
2	1496	Sophie Wallis	Lincoln Wellington AC	00:37:08
3	1124	Hannah Peel	Sheffield Triathlon Club	00:39:44