

Certificate of Course Accuracy



North of England Course Number : 18/592

Race Name : Run Your Heart Out Valentines 10k

Course Name : Valentines 10K

Meas File :

County : Lincs

Distance : 10Km

Date of Race : 13 Feb 2022

Measured : 24 Nov 2018 By : N Pattison

Promoter : Tape2Tape Limited

Drop : -0.3 m/km

Separation : 10 %

World Athletics limits for record times are - Drop: 1 m/km; Separation: 50%

This is to certify that the length of the above road race has been accurately measured by an accredited Course Measurer using World Athletics procedures approved for use in the UK. A complete record of the measurement is held by the Area Measurement Secretary. The measurement remains valid for 10 years provided no changes are made to the course. The start/finish and the route must be set out EXACTLY as defined in the measurement report. Any modification will need to be measured for a new certificate.

Signed:

Area Measurement Secretary - North

Date: 6 Dec 2021

NOTES

1. This Certificate of Course Accuracy is valid only for the race held on the date or dates specified.
2. The race director must consult the measurement report and lay out the course exactly as described by the measurer.
3. If there are changes to the start/finish, the route, the section of road/pavement available to runners, or the marshalling on corners then a measurer must be contacted in good time so that he can make any remeasurement/adjustments which are necessary. In the event of changes a new Certificate of Course Accuracy will then be issued after receipt of the course measurer's report.
4. If the course is EXACTLY the same then this Certificate may be renewed for subsequent race dates up to the 10th anniversary of the original measurement date. To renew this Certificate for a subsequent race, go to coursemeasurement.org.uk/renew and enter the course number for the measurement area North: 18592

and the following unique renewal code for this course number: `zpgi8o`

z = zulu
p = papa
g = golf
i = india
8 = eight
o = oscar

Contact the Area Measurement Secretary for the North:

Dene Townend. Tel: 01484711906

Email: dene.ukcoursemeasurer@hotmail.com

The NORTH AREA covers courses in the following counties:

Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Greater Manchester, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, Tyne & Wear, North Yorks, East Yorks, South Yorks, West Yorks. This is the area formerly governed by the NCAA.

Issued to race director:

**N. Pattison
Southlands
Waithe Lane
Brigsley
N E Lincs**